

JYVÄSKYLÄ SKI MARATHON 9.3.2019 – PARTICIPANT'S GUIDE



Start timetable and series

At 8:30 – 50 km (Classic) W/M, W/M40, W/M50, W/M60 and W/M70

At 10:00 – 30km (Classic) W/M Fitness class

At 11:00 – 50 km (Free/Skate) W/M, W/M40, W/M50, W/M60 ja W/M70

At 12:30 – 30 km (Free/Skate) W/M Fitness class and W16, W18, M16, M18

Start and finish

For all 50 km races, start is at Vaajakoski sports park (Urheilutie 39, 40800 Jyväskylä).
And for all 30 km races, start is at Huhtasuo sports park (Kangasvuorentie 18, 40320 Jyväskylä).

The finish for all the races is located right next to the Spa Hotel Peurunka in Laukaa.
Warm drink is available directly after the finish.

NOTE! The finish will be closed at 17:15.

In the 50 km distance start, for both classic and free technique, there are start groups as follows: 50 numbered elite group slots, and behind them start group slots according to the estimated skiing time. Other than elite group skiers will choose their start slots according to their estimated skiing time.

We have reserved place in the second start group slot for the Euroloppet passport holders. The skiers of Kalevan Kierros have two ski tracks reserved for them in the start area. Please, find the maps of the start areas on our web site at www.jyvaskylaskimarathon.fi.

Race office Jyväskylä

On Friday 8.3.2019, the main race office is located in shopping center Seppä (Ahjokatu 3-5, 40320 Jyväskylä) right next to XXL, from 12 to 21.

On Saturday morning 9.3.2019, there is race office at the 50 km starting place in Vaajakoski (Urheilutie 39, 40800 Jyväskylä), from 7.30 to 11.

At the 30 km starting place in Huhtasuo (Kangasvuorentie 18, 40320 Jyväskylä) from 9 to 12.30 .

From the race offices the skiers collect their start kits (race number with timing chip, info package and a bag to use for storing extra clothes etc. during the race). We advice all the skiers to use the main race office on Friday, but if not possible, the strat kits that are not fetched on Friday will be delivered to the starting places' race offices on Saturday morning.

**NOTE! Late registration is possible until 21.00 on Friday 8.3.2019 at the main race office.
No registration after that will be accepted.**

Race info at Spa Hotel Peurunka

Race info is located in Spa Hotel Peurunka (Peurungantie 85, 41340 Laukaa) on the race day, Saturday 9.3.2019, from 10 to 19.

The race info serves you after the race. The participants get their bags from gymnasium near the race info when showing their race number. Borrowed ski poles must be returned

to race info at Peurunka. Lost and found items should be taken to race info, where you can also ask for your lost items.

Transportation and storage of clothing

The Jyväskylä Ski Marathon has organized transportation for extra clothing from start to finish at Spa Hotel Peurunka. Before the start, the skiers must tag their bags with special number tags from the start kit, and leave the bags in red *Niemi*-trucks at the start. The bags are then transported to Peurunka, where they are sorted and wait for the skiers in a gymnasium next to the race info.

Skiers can leave their valuables in the race offices at the start, and collect them after the race from the race info in Peurunka.

Transports from Peurunka to start places in the morning, and back to start places after the race

We organize transportation from Spa Hotel Peurunka to both of the start places, Vaajakoski and Huhtasuo. Timetable for bus transportation:

at 7:00 Peurunka–Vaajakoski (to the 50K classic style start)

at 8:30 Peurunka–Huhtasuo (to the 30K classic style start)

at 9:30 Peurunka–Vaajakoski (to the 50K free/skate style start)

at 11:00 Peurunka–Huhtasuo (to the 30K free/skate style start)

The busses to start leave from the bus stop next to Spa Peurunka's entrance (see the maps at <https://www.jyvaskylaskimarathon.fi/reittikartta-ja-profiili/?lang=en>).

After the race, there is a non-stop bus transportation back to the start places from the same bus stop next to Spa's entrance. **The first non-stop bus from Peurunka leaves at 12:00, and the last one at 18:00.** The oneway bus fee is 5€, payment in the bus with cash only.

Rules

International Ski Federation (FIS) competition rules apply in Jyväskylä Ski Marathon, including the mass race rules. If needed, the start can be delayed by 2 hours if the temperature is colder than -20°C or because of the snow conditions.

The jury will meet 9.3.2019 at 7:30 at the start area in Vaajakoski sports park. Possible changes in timetables will be announced at the start areas and they are immediately updated to our web site, as well <https://www.jyvaskylaskimarathon.fi/?lang=en>.

NOTE! The starts from Vaajakoski at 8:30 and Huhtasuo at 10:00 are classic technique – SKATING IS PROHIBITED! Ski technique will be controlled during the race.

Take other skiers into account!

We demand the spirit of fair play and consideration towards other skiers during the race. A police snowmobile will lead the skiers during the race.

NOTE! Every participant skis on the route on his/her own responsibility – the route is not closed from other skiers!

Route description

We use the ski tracks of Vaajakoski, Huhtasuo, Halssilan hiihtomaa and Metso route. The tracks are prepared according to the weather conditions either the night before or in the

morning before the race – see the situation updates at www.jyvaskylaskimarathon.fi. The number of tracks on the route varies between one and four.

Places that require skiers' special attention (tunnels, road crossings, demanding downhill) are marked with signs. The ending or beginning of a track is marked with paint or twigs.

NOTE! In the marked areas that require skiers' special attention, all skiers must follow the organizers' instructions and pay special attention!

Maps and parking

The route map (including the service points), track profiles, start and finish area maps and Peurunka area map available at our site www.jyvaskylaskimarathon.fi.

Official parking areas in the start and in the finish are marked in the maps. Please note, that there are limited number of parking places at Vaajakoski sports park area.

NOTE! Event parking ends at 18:00, after that some of the parking areas might be paid parking.

Timing and race commentary

All series have a competition number with a disposable microchip chronograph. There are two intermediate points on the route (50 km):

Halssila Ski Area 14 km (Service 2, also Swix Sprint Competition point) and Vihtavuori 35 km (Service 4).

The final time logs into the timing system when skier passes through the finish gate. The skier must keep the race number visible throughout the race and make sure he/she passes through the finish gate.

NOTE! You can pass the start line and the finish gate ONLY ONCE with the chip race number!

Race commentary at the start areas in Vaajakoski and Huhtasuo, and in the finish at Peurunka.

Service

There are six (6) service points along the route, four (4) of which serve also the 30 km skiers. All the service points serve TEHOSport-sports drink, juice, water, pickled cucumber and raisins. The service points also provide extra ski poles and Swix-waxing service when needed. The borrowed ski poles must be returned to race info at Peurunka after the race.

NOTE! ALL ENERGY GEL PACKS AND OTHER GARBAGE MUST BE THROWN IN THE LITTER BOXES AT THE SERVICE POINTS!

NOTE! The skier must pass service points by following closing times:

Service 1 (10 km) 12:30 (Urheilutie 39, 40800 Jyväskylä)

Service 2 (14 km) 13:00 (Halssilan Hiihtomaa, 40400 Jyväskylä, Halssilanrinne, signs at the crossroads)

Service 3 (20 km) 13:45 (Kaakkolammentie 7, 40340 Jyväskylä)

Service 4 (25 km) 14:15 (Ampumaradantie 14, 41310 Leppävesi)

Service 5 (35 km) 15:30 (Ruutitehtaanatie 32, 41330 Laukaa)

Service 6 (42 km) 16:15 (Leipäpohjantie 338, 41350 Laukaa)

For safety reasons the skiers that arrive at the service point after the closing time are removed from the route and they are provided transportation to Spa Hotel Peurunka.

Interruptions

If a skiers interrupts the race, he/she is asked to inform the staff of the nearest service point and the race info at Peurunka (+358 44 9911612 /Suvi). The staff at the service point will then organise a lift for the skier to Spa Hotel Peurunka.

First aid

Service 1 and start area, Vaajakoski: Jouni Ollikainen, 050-3299395

Service 2, Halssilan Hiihtomaa: Konsta Kovala, 040-1594020

Start area, Huhtasuo: Katja Nieminen, 040-5630081

Service 3, Kangaslampi: Veera Konkola, 044-5780998

Service 4, Ampujien Maja: Riina Peltola, 044-5396211

Service 5, Vihtavuori: Sanna Seppänen, 050-4908229

Service 6, Leipäpohja: Christa Nieminen, 045-1245810

Finish, Peurunka: Vaajakoski Voluntary Fire Brigade, Petri Heinänen, 040-7499638, Topi Pynnönen, 0400-652125

IN CASE OF NEED FOR IMMEDIATE CARE, CONTACT DIRECTLY THE FINNISH EMERGENCY NUMBER 112!

Every participant is advised to load 112 Suomi -app to his/her phone. The app makes it possible for the emergency staff to locate the caller.

The result service

The result service works more or less in real time. intermediate times and unofficial results at the event site www.jyvaskylaskimarathon.fi/tulokset. The results are official once the race jury confirms them.

Protest procedure

Protest procedure according to ICR 387. The protest must be given in writing at the race info in Peurunka. Leaving a protest costs 80€ which must be payed when leaving the protest.

Prizes and award ceremony

All participants receive a Jyväskylä Ski Marathon -medal at the finish.

Three (3) fastest women and men skiers in Classic and Free Technic 50km will be rewarded with cash prizes. In addition, the winners of the sprint competition (women and men) will be rewarded with cash prizes.

In the Women and Men series in both Classic and Free Technic 50km, six (6) best women and men are also awarded.

In the Youth series (30km) prizes for three (3) best.

In the age series W40 / M40, W50 / M50 and W60 / M60, three (3) best will be awarded. (both 50km Classic and 50km Free).

In the Men70 series the winner will be rewarded (both in 50km Classic and 50km Free).

In addition, there are a lot of lottery prizes that will be drawn among all the participants. The lottery prizes can be fetched from the race info at Peurunka. The participant must show his/her number to receive the prize.

The Award Ceremony will take place for Classic and Free Technic 50km and for 30km Youth Series around one hour after the winner has come to the Finish. The ceremony will be held in Villi Peura restaurant in Spa Hotel Peurunka. The age series prizes are awarded immediately after the finish.

NOTE! All changes and exact times for the prize giving will be announced at the finish.

Showers and sauna

Shower and sauna at Peurunka Spa are included in the participant fee. If you want to use the whole spa (infrared sauna, jacuzzis, water slide, etc.), please, ask for a special prized ticket from the spa's reception.

Lunch

The participant fee also includes a soup lunch at Spa Hotel Peurunka. The lunch ticket is included in the start kit. Family members or ski waxing team can join the skiers and buy the lunch for 8,50€.

The lunch (including soup, bread and butter, coffee or tea and biscuit) is served 11-19 in Bistro Nemo and restaurant Pata & Pannu.

The event organization

Event manager: Erkki Nurmi, 0400-638560

General Secretary Juha Tuikkanen, 050-3840403

Race Director: Pasi Sajasalo, 050-5830707

Race TD: Pirjo Kosonen, 040-8644594

Race TDA: Veikko Humalajoki

Safety Manager: Pertti Leppänen, 050-5541468

Medical Director: Mervi Kallio

Route responsible: Mauri Keinänen, 040-6763511

Track: city of Jyväskylä and Laukaa municipality

Race office: Johanna Peltola, 041-4566711

Race secretary: Sirpa Pyykönen, 0400-649297

Start area responsible: Markus Rolig, 044-3404304

Finish area responsible: Tauno Lemettinen, 050-3841113

Result service: Esa Honkonen, 040-7524795

Traffic control: Juha Turunen, 040-5183759

Service responsible: Aki Kumpulainen, 040-5361432

Service and logistics: Erkki Tikka, 040-7798229

Partners

Ski Jyväskylä ry thanks all the partners that have made this event possible.



Inquiries and information

info@jyvaskylaskimarathon.fi

Erkki Nurmi, 0400-638560

Event site: www.jyvaskylaskimarathon.fi

Facebook: <https://www.facebook.com/jyvaskylaskimarathon/>

Feed back to: info@jyvaskylaskimarathon.fi

We hope to get feed back from the participants in order to make Jyväskylä Ski Marathon even better next year.